

# surviving caregiving

## A MAP THROUGH THE MAZE

An insightful conference designed for family caregivers who wish to gain valuable knowledge and resources that will help them navigate the maze of caregiving.

**Saturday, June 27**

**9:30 a.m. – 2:30 p.m.**

**St. John Church - Faith Hall**

**307 West Clay Street**

**Collinsville, IL 62234**

### HIGHLIGHTS OF THE DAY

#### KEYNOTE PRESENTATIONS:

- Legal & Financial
- Communication Techniques
- **LUNCH-**
- Using Technology At Home - Why You May Want To
- Family Dynamics - How To Manage Them

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**To register call Age Smart Community Resources at 618.222.2561.**  
**This conference is free, but registration is required. Box lunch included.**

Complimentary care will be available at  
St. John's Adult Day Center during the conference hours.  
Pre-registration for adult day care service is required.  
Contact Stacey Rhodes at 618.344.5008.

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SURVIVING CAREGIVING IS CO-PRESENTED BY:



**ST. JOHN'S**  
COMMUNITY CARE

Caring compassionately for aging and disabled people since 1985



alzheimer's  association®